

HANG EN ADVENTURE 2D1N

Come and explore Hang En and Hang Lanh Caves, located within the Phong Nha - Ke Bang National Park. Hang En is one of our famous caves that have been featured within National Geographic, The New York Times, and recently on Good Morning America, as well as in Pan (2015), a film by Warner Bros. Entertainment (Hollywood). This tour will give you the opportunity to experience caving, trekking, and camping in the middle of the jungle!

We provide the very best adventure experiences with every aspect of the trip carefully planned including delicious meals, the highest safety standards, and friendly and informative adventure guides.

You will see both Hang En and Hang Lanh Caves during this 2 day, 1 night adventure. Along the way, your guide will inform you about cave formation and the geology of the region. Your tour will wind through jungle, across streams, into two massive caves, and past a minority village, all situated within one of the prettiest national parks in the country.

Hang En Cave is most likely the 3rd largest cave in the entire world, and it's one of our best selling products for a reason. Come and experience what has been dubbed by one Lonely Planet author as the biggest WOW factor in Vietnam.

For safety and conservation reasons, Decision 47/VPUBND-VX (dated January 9, 2015) of the Government of Quang Binh Province grants Oxalis Adventure Tours as the only operator to bring tourists to Hang En Cave.

Duration: 2 Days & 1 Night

Adventure Level: Moderate for physically active guests (25 km)

Availability: Regular Departures (check availability in calendar)
(operates from February to the end of August)

Group size: average 10-16 pax
(minimum requirement of 2 people to operate)

Minimum Age: 16 years old

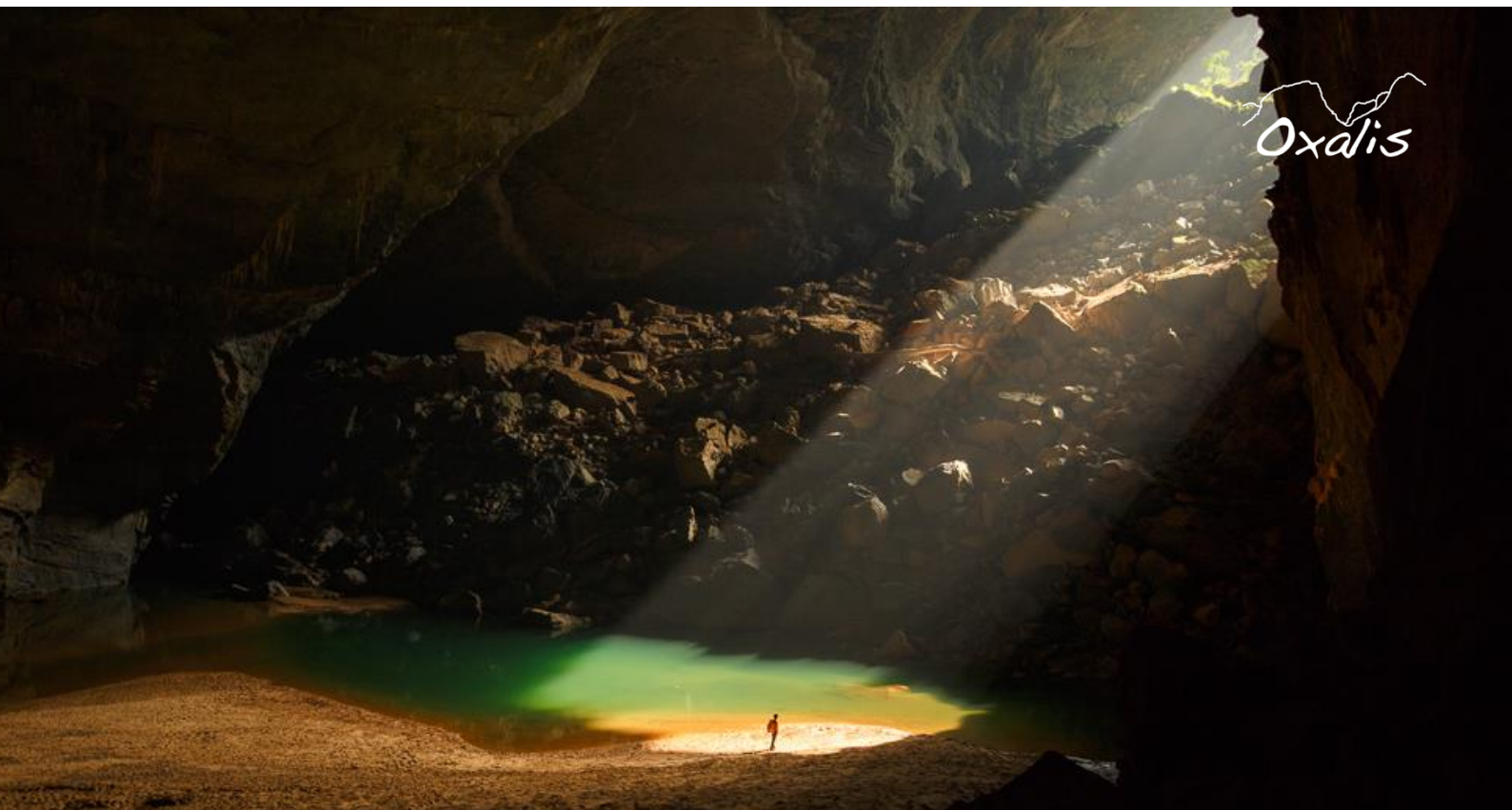
Tour Starts: 8:00 am – 8:30 am from any local hotel in Phong Nha

Tour Ends: 6:00 pm – 6:30 pm at any local hotel in Phong Nha

Price: VND 7,000,000 / pax
(price inclusive of VAT & VND 1,100,000/pax of National Park environment/entrance fees)

Email: contact@oxalis.com.vn

Hotline: +84 (0) 919 900 163



Detailed Itinerary

Day 1: Phong Nha - Rao Thuong Valley - Hang Lanh

Start your ultimate adventure with a pickup from your hotel in Phong Nha between 8:00 am and 8:30 am and a short transfer to Oxalis Headquarters. Learn all about safety, collect your gear, and sign our **Release Form** before driving 45 mins through the National Park to reach the trailhead around 10:00 am.

The next three hours will take you on a trek down through the jungle and across Rao Thuong Valley. You'll stop for a picnic lunch from about 1:00 – 1:30 pm to gain your energy for the next hour and a half's journey to Hang Lanh.

From 3:30 – 5:30 pm, the group will venture into Hang Lanh and explore the first kilometer of the 4 km long cave (a short swim is expected). Hang Lanh is an active stream cave, with cold water running through it, and it is well decorated with stalagmite and stalactite formations. Rare fossils can be found in many places!

Back at camp, you'll have time to relax before a sizzling grilled dinner is served, complete with rice wine and the sounds of the surrounding jungle. Sleep under the trees and the stars, and rest up for Hang En the following day.

Day 2: Hang En - Ban Doong Village - Phong Nha

Awake at 8:00 am for breakfast and pack up your belongings. Depart camp at 9:00 and trek to the entrance of Hang En. The entrance seems small for such a large cave which lies ahead; as you make your way to the main passage of the cave, you'll be astounded by the view. From 9:30 am – 12:00 pm, you'll explore Hang En: the cliffs above the beach, ancient fossils, and of course, the exit, which was featured in the film Pan.

After your exploration of the cave, you'll have lunch on the beach within the cave while soaking up your surroundings. For the following few hours, make your way back through the mountainous river valley, through jungle and across streams, until reaching the minority village, Ban Doong, around 2:00 pm. Spend about 30 mins getting to know the elders of Ban Doong and then continue on. Enjoy a water break by the stream as you prepare for the biggest challenge ahead, climbing the treacherous hill up to the Ho Chi Minh Road. Watch out for leeches and push ahead to the road, where cold drinks are waiting. Return by vehicle to Phong Nha by 5:30 pm.

Adventure Level

Hang En Cave Adventure is easy-to-moderate for anyone who considers themselves physically fit and who participates in regular outdoor activities, and moderate-to-hard for anyone with limited trekking experience. Please make sure that your health is suitable for these activities before taking part in the tour.

- 25 km jungle and mountain trekking, rocky terrain
- Multiple river crossings: 30 times (knee deep, 10 – 50 m wide river)
- Elevation change up to 400 m (between road and valleys)
- 4 km caving
- Short swim inside the cave
- 2 days and 1 night in jungle and caves

Any member of the Oxalis guide team reserves the right to turn around any person at any time without compensation or refund as deemed necessary for safety or conservation reasons.

Packing list

We will provide you with the following:

- ✓ Camping gear: tent, camp light, sleeping bag, mattresses, pillow
- ✓ Caving & safety gear: caving helmet, caving headlight, gloves
- ✓ Dry bag (for clothing and personal belongings excl. electronics)
- ✓ Basic canvas trekking boots (only if you do not have your own pair) sizes 36 – 46
- ✓ Meals: picnic lunches, dinner (day 1), breakfast (day 2)
- ✓ Professional English-speaking tour guide and guide safety assistant
- ✓ Porter team to carry all camping gear and prepare all meals
- ✓ Shared dry box for phones and small cameras (limited availability for larger cameras)
- ✓ Water purifier (used only by guide and porters) and water bottle
- ✓ Basic camping facilities with eco-friendly compost toilet using western toilet seat
- ✓ First Aid Kit and Medical Rescue Equipment (application by guides and porters only)
- ✓ Secure Storage Facility at Oxalis Headquarters to store all luggage you will not be taking on the trek

Please also bring with you the following:

- 1 long (easy to dry) pants and 1 long sleeved shirt to wear during the trek (quick dry)
- 1 pair of shorts and t-shirt to wear at campsite (warmer clothes in winter)
- 1 sun hat in summer
- 1 pair of trekking boots/shoes – difficult terrain, good footwear necessary. Gore-Tex/waterproof boots are NOT recommended as they do not drain well (if you prefer your own comfortable pair)
- 1 pair of flip flop (sandals) for campsite
- 1 medium size towel and swimwear
- 1 -2 pairs of calf length densely woven socks (not ankle socks!)
- Medium size backpack (25 L) for your water bottle, personal belongings and provided caving helmet
- Personal items: mosquito repellent, sunglasses, hat, camera, underwear, toiletries

If you are trekking in the colder months (December to March) please bring additional warm clothes for the evening.