

# TU LAN 1-DAY EXPERIENCE

Explore the untamed jungle and limestone mountain region of Tu Lan Cave System on our one-day Tu Lan Jungle & Cave Experience.

With your English-speaking guide and local jungle men from the nearby ethnic village of Tan Hoa, you will trek up to 8km through buffalo fields, dense jungle and have an opportunity to swim through an unbelievable river cave.

See the immense formations of Hang Chuot (Rat Cave) before trekking to impressive Hung Ton Cave and To Mo Valley.

You'll get wet, you'll get dirty and you'll enjoy an awesome BBQ beside a stunning waterfall! This is a full day of adventure so be prepared!

This tour is to give you a taste of Tu Lan, but if you really want the ultimate adventure we encourage you to spend the night in the jungle on our Tu Lan Cave Encounter (2 days) or add another night camping in a cave on our Wild Tu Lan Cave Explorer (3 days)!

**Duration:** 1 Day

**Adventure Level:** Easy (8 km) for physically active guests (swimming is necessary)

**Availability:** Daily (excl. Sundays)  
From 01/01/2017: Daily excl Sundays and Fridays

**Group size:** Average 2 pax - 8 pax  
(require minimum of 2 persons to operate)

**Minimum Age:** 16 years old

**Tour Starts:** 7:00 am - 7:30 am from any local hotel in Phong Nha

**Tour Ends:** 6:00 pm - 7:30 pm at any local hotel in Phong Nha

**Price:** 1,800,000 VND  
(price inclusive of VAT & environment/entrance fees)

**Email:** [contact@oxalis.com.vn](mailto:contact@oxalis.com.vn)

**Hotline:** +84 (0) 919 900 163





## Detailed Itinerary

### Phong Nha - Tan Hoa - To Mo - Tan Hoa - Phong Nha

Start your day with pick-up from your guesthouse in Phong Nha between 7:00am and 7:30am (please be ready!).

You'll then drive 70 km over the Da Deo Mountain Pass to reach the ethnic minority village of Tan Hoa and the Oxalis Headquarters. You can leave your entire luggage at our office in the storage room.

After a safety briefing, checking gear and signing our Release Form, the day adventure begins with a 2 km walk across peanut and buffalo fields to reach the Rao Nan River.

After crossing the river you'll reach the impressive Hang Chuot (Rat Cave) to explore its massive formations for up to 280m. Return back to the river another way, then trek through Hung Ton Valley to reach Hung Ton Cave. Explore this wild cave by descending a 15 m ladder with a safety rope before swimming 50m through the cave and following an underground river to reach To Mo Valley, where a delicious BBQ lunch will be awaiting you.

After swimming at the waterfall, trek over Hung Ton Mountain (1 km), across Hung Ton Valley (500 m), and another small hill down to Rao Nan River (500 m). You'll finish the day crossing back over peanut and buffalo fields (2.5 km) to the Oxalis Headquarters, where a cold drink and shower will be awaiting your return.

Depart Tan Hoa at 17:00 and return to Phong Nha at 18:30 and you will be dropped at your guesthouse.

# Adventure Level

Tu Lan Jungle & Cave Experience is considered easy for anyone who is physically fit and participates in regular outdoor activities, and moderate for anyone with limited outdoor experience. You will trek approximately 9 km via overgrown jungle paths and swim 50 m through a river cave (weather permitting).

- 9km jungle and mountain trekking, rocky terrain
- Elevation change up to 150m (between valley and top of mountain)
- 50m swimming in caves
- 1 km caving

*Oxalis Adventure Tours staff (cave expert or guide) reserves the right to decline, accept or retain any person as a member of any party at any time without compensation or refund due to safety issue.*

## We will provide you with the following:

- ✓ Caving & safety gear: caving helmet, caving headlight, life jacket, gloves
- ✓ Basic canvas trekking boots (only if you do not have your own pair) sizes 36 – 46
- ✓ Meals: picnic lunch (day 1)
- ✓ Professional English-speaking tour guide and guide safety assistant
- ✓ Porter to prepare meals and pump water
- ✓ Shared dry box for phones and small cameras (limited availability for larger cameras)
- ✓ Water filter and purifier (used only by guide and porters)
- ✓ Eco-friendly compost toilet using western toilet seat at lunch site.
- ✓ First Aid Kit and Medical Rescue Equipment (application by guides and porters only)
- ✓ Secure Storage Facility at Oxalis Headquarters to store all luggages you will not be taking on the trek.

## Please also bring with you the following:

- 1 long (easy to dry) pants and 1 long sleeved shirt to wear during the trek (quick dry)
- 1 pair of trekking boots/shoes – difficult terrain, good footwear necessary. Gore-Tex/waterproof boots are NOT recommended as they do not drain well (if you prefer your own comfortable pair) 1 change of clothes for after the tour
- 1 pair of calf length densely woven socks (not ankle socks!)
- Personal items: mosquito repellent, sunglasses, hat, camera

